

Examples of RMB's (Raw Meaty Bones)

Chicken Wings/necks/back

(should be served at least 2 x weekly)

Turkey wings/necks/back

Pork ribs/necks/breast bone

(no more than 1 x week)

Lamb ribs/necks

Venison ribs/necks

Beef ribs

Buffalo ribs

Veal ribs

Examples of recreational bones

Lamb ribs/necks

Pork ribs/necks

Venison ribs/necks

Beef ribs

Buffalo ribs

Veal ribs

Ox Tail

Meat Meal simply means ground meat and bone

Tripe Meal simply means ground green tripe

Mixed Meats

Liver, Heart, Kidney, Green Tripe,

Cheek Meat, Muscle Meat

Mixed Meats and Vegetables = offal, muscle/cheek meat, fruits and vegetables, eggs and fish all ground up together.

Silver Fern Premium Pet Products are packaged in ½ lb and 1 lb amounts for ease of thawing and serving.

Never Cook RMB's or Recreational Bones

RMB's or "Raw Meaty Bones," are the evening part of this diet and are bones that can and are eaten by the dog. **Recreational bones** are bones that the dog can chew on but not necessarily eaten. They are usually given when the owner is going out for an extended period of time or the dog for some reason just seems to be bored. It gives the dog something else to do and helps to keep them out of trouble while providing the essential cleaning and massaging of the teeth and gums, that a healthy mouth requires. They can also help a teething puppy.

Fresh recreational bones should be given approximately **twice a week** as they do dry out and then they become brittle (as if cooked). This causes the bones to splinter and then become a danger to the dog for choking or becoming imbedded in their gums, GI tract etc.

Recreational bones **Will** dry out in the Summer or Winter, inside or out due to the drying properties of both heat and cold.

Unless there is another Health issue that needs to be addressed **Daily Supplements** are not necessary for your dog or cat, as a well balanced diet will be enough. If your pet has a **dietary problem** or suffers from **another condition** it is wise to **follow your Vets directions** on this matter. Below I have listed a variety of supplements that could be used depending on the health issue being treated. Have blood work done on your dog or cat periodically (1 x year) to keep track is always a good practice.

These Supplements could be added

Kelp

Salmon Oil

Treats

Cottage cheese

Plain Yoghurt (really good for the GI tract)(1 - 2 small pots weekly)

Bananas (1 - 2 bananas weekly is good)

Liver treats - (Home Made or Oven Baked is best)

Cookies - (Home Made or Oven Baked is best)

(remember "moderation is key")